


**Ware Shoals Middle** **May 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Corn Dog <b>Or</b> Turkey And Cheese Sandwich <b>Both Come With</b> Seasoned French Fries Baked Beans Choice Of Two Fruits *Variety Milk</p>	<p>2</p> <p>Cheese Pizza <b>Or</b> Yogurt With Graham Crackers <b>Both Come With</b> Tossed Salad Corn Choice Of Two Fruits Choice of Dressing *Variety Milk</p>	<p>3</p> <p>Popcorn Chicken With A Dinner Roll Yam Patties Cheesy Broccoli Choice Of Two Fruits *Variety Milk <b>Or</b> Chef Salad With Ham Choice Of A Fruit or Vegetable *Variety Milk</p>	<p>4</p> <p>Turkey <b>Or</b> Sliced Ham <b>Both Come With</b> Goldfish Graham Crackers Macaroni And Cheese Lima Beans Summer Squash Choice Of Two Fruits *Variety Milk</p>
<p>7</p> <p>Chicken Sandwich <b>Or</b> Turkey And Cheese Sandwich <b>Both Come With</b> Lettuce And Tomato Cup Potato Chip Veggie Cup Choice Of Two Fruits *Variety Milk</p>	<p>8</p> <p>Teriyaki Steak Nuggets With A Dinner Roll <b>Or</b> Ham And Cheese On Bun Both Come With Creamy Mashed Potatoes Black-Eyed Peas Choice Of Two Fruits *Variety Milk</p>	<p>9</p> <p>BBQ Pork Sandwich French Fries Cucumber Cup Choice Of Two Fruits *Variety Milk <b>Or</b> Chef Salad With Chicken Choice of Fruit or Vegetable *Variety Milk</p>	<p>10</p> <p>Taco <b>Or</b> Toasted Cheese Sandwich <b>Both Come With</b> Lettuce And Tomato Refried Beans Carrot Cup Choice Of Two Fruits *Variety Milk</p>	<p>11</p> <p>Chicken Alfredo With A Twist <b>Or</b> Yogurt With Graham Crackers <b>Both Come With</b> Green Beans Tossed Salad Choice Of Two Fruits Choice of Dressing *Variety Milk</p>
<p>14</p> <p>Chili With Cheese Breadstick <b>Or</b> Turkey And Cheese Sandwich <b>Both Come With</b> French Fries Cucumber Cup Choice Of Two Fruits *Variety Milk</p>	<p>15</p> <p>Cheese Pizza <b>Or</b> Yogurt With Graham Crackers <b>Both Come With</b> Green Beans Tossed Salad Choice Of Two Fruits Choice of Dressing *Variety Milk</p>	<p>16</p> <p>Hot Dog with Chili on Bun <b>Or</b> Toasted Cheese Sandwich <b>Both Come With</b> Baked Beans Cole Slaw Choice Of Two Fruits *Variety Milk</p>	<p>17</p> <p>Popcorn Chicken <b>Or</b> Breaded Beef Nuggets Both Come With Honey Wheat Dinner Roll Cole Slaw Pinto Beans Choice Of Two Fruits *Variety Milk</p>	<p>18</p> <p>Cheeseburger Lettuce And Tomato Cup Potato Wedges Steamed Broccoli Choice Of Two Fruits <b>Or</b> Chef Salad With Ham Choice of Fruit or Vegetable *Variety Milk</p>
<p>21</p> <p>Spaghetti Bake Breadstick <b>Or</b> Yogurt With Graham Crackers <b>Both Come With</b> Garden Salad Tomatoes &amp; Cucumbers Steamed Broccoli Choice Of Two Fruits Choice of Dressing *Variety Milk</p>	<p>22</p> <p>Cheese Sticks with Marinara Sauce Green Beans Tossed Salad Choice Of Two Fruits Choice of Dressing *Variety Milk <b>Or</b> Chef Salad With Chicken Choice of Fruit or Vegetable *Variety Milk</p>	<p>23</p> <p>Corn Dog <b>Or</b> Turkey And Cheese Sandwich <b>Both Come With</b> Seasoned French Fries Baked Beans Choice Of Two Fruits *Variety Milk</p>	<p>24</p> <p>Half Day</p>	<p>25</p> <p>Half Day</p>
<p>28</p> <p>*Variety Milk offered daily</p> <p>1% White Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk</p> 				

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